

From Cliques to Clicking

Understanding the importance of inclusive behaviors helps students discover and practice relationship skills as well as becoming more successful at making new friends.

SEL COMPETENCY

Relationship Skills

SKILLS communication, resolving conflicts, seeking help

MATERIALS

- ✓ Discovering Projectable 3.7.1
- ✓ Student Journals
- ✓ Family Connection take-home worksheet

CLASSROOM CONFIGURATION

- 1 pairs 2 whole class
3 pairs 4 individuals

OBJECTIVES

Students will

- ✓ learn the difference between inclusive and exclusive behaviors;
- ✓ describe and practice ways to use inclusive behaviors to improve relationships and make new friends.

★ COMMON CORE CONNECTION

This lesson addresses the following Common Core Standards:

SPEAKING AND LISTENING: COMPREHENSION AND COLLABORATION

- ✓ SL.7.1, SL.7.2

SPEAKING AND LISTENING: PRESENTATION OF KNOWLEDGE AND IDEAS

- ✓ SL.7.5

SKILLS Progression



LAST YEAR, students learned effective strategies for dealing with intimidation and bullying behaviors.



THIS YEAR, students will learn about cliques and new strategies for making friends by performing a role-play.



NEXT YEAR, students will use ASK to decide if they should avoid certain situations.

1 DISCOVERING

10 MINUTES

Lesson Link

ACTIVITY 1

State that today's lesson is about ways to include people and make new friends. Ask students to think about a time when they felt included in a group of friends. Display **Discovering Projectable 3.7.1**. Invite volunteers to read the statements and ask pairs to briefly discuss the friendship attitudes described in each statement. Give volunteers the opportunity to share with the class.



ASK: *What might be some reasons it is difficult to form new friendships?*

Acknowledge that fear of rejection and not knowing how to approach new people may make it difficult to make new friends. Reassure students that everyone has these feelings from time to time.

2 CONNECTING

10 MINUTES

INSTRUCTION

ASK: *What are some obstacles to reaching out to people we don't know? What do you think are some reasons that people might be afraid to try to join a new group? Afraid to accept new people into their group?*

Introduce using inclusive behaviors to make friends

Write the word *clique* on the board and define it as “a small group of people who interact mainly with each other.” Explain that the difference between a clique and a group of friends is that cliques have rules that exclude other people from joining. Explain to students that inclusive behaviors welcome people and make them feel comfortable instead of awkward or lonely. As a class, brainstorm behaviors that welcome and include people. Examples include introducing oneself to others, inviting others to participate in activities, introducing others to another group of friends, asking questions to find out common interests, sharing one's own interests, etc. Now, ask students to describe some exclusive behaviors. Examples include ignoring, shunning, making fun of, and bullying others. Ask students when an exclusive behavior might be helpful, such as protecting our safety. Ask students to describe the general benefits of being inclusive when making friends.

Model inclusive behaviors

Invite students to watch a role-play in which you are a student who is reaching out to another student who you may not know well. Have a student volunteer assist you by playing the student to whom you are reaching out.

SAY: *When I see that there is someone I don't know, I introduce myself and learn his or her name.*